



Mansfield Hockey Club COVID-19 – Risk Assessment

To Be Read In Conjunction With MHC-RA-001

Revision History

Rev	Date	Revisions Made	Author	Reason For Issue
01	29/07/2020	First Issue	Jason Ward	For Implementation
02	09/08/2020	Second Issue - Revised To Suit EH Step 4 Guidelines & Regulations	Jason Ward	For Implementation



Purpose:

The purpose of this document is a comprehensive risk assessment produced on behalf of Mansfield Hockey Club for reviewing identified hazards and identifying reasonable control measures to control and mitigate the contraction, transmission of COVID-19 and ensuring a more controlled and safe environment for all involved within the sport. For the avoidance of doubt this document does not supersede the previous implemented risk assessment (MHC-RA-001) and should be read in conjunction with. Any contradictions between the documents MHC-RA-002 (this document) takes precedence.

The follow hazards have been identified within this document and suitable control measures advised for implementation:

Hazard One: COVID-19 - Pre Attendance & Travel

Hazard Two: COVID-19 - At Venue Pre & Post Game / Training

Hazard Three: COVID 19 - During Game Play

Hazard Four: COVID-19 - During Training

Hazard Five: COVID-19 - First Aid

Hazard Six: COVID-19 - Information Collation, Reporting & Communication

This document will be treated as a live document and reviewed, monitored and revised regularly as required with the ever ongoing changes in guidelines & restrictions surrounding the disease.



Activity & Location		All Hockey Activities At Venues – Home (Kingsway Park / Goosedale) & Away					Residual Potential for Harm			
No	Hazards (potential for harm)	Who may be harmed	Initial Risk: likely result if hazard is realised	Initial Potential for Harm			Control Measures <i>Can the hazard be removed?</i>	Likelihood	Impact	Risk Rating
				Likelihood	Impact	Risk Rating				
1	COVID-19 Pre Attendance & Travel	Players, Coaches, Volunteers & Spectators	<ul style="list-style-type: none"> • Contraction of COVID-19 • Minor symptoms requiring self-isolation and home care • Major case requiring hospitalisation. 	4	5	20	<ul style="list-style-type: none"> • Complete England Hockey participation agreement form (via EH Website) • Ensure participants are briefed and undertake a complete self assessment of own health prior to departing home and do not travel if showing signs of the following symptoms: <ul style="list-style-type: none"> ○ A high temperature (37.8°C) ○ A new or continuous cough ○ A loss of or change to sense of smell or taste ○ A sore Throat ○ Feeling generally unwell ○ Been in close contact with / living with a suspected or confirmed case of COVID-19 in the previous 2 weeks. ○ Recently been aboard to destination in which Government guidelines dictate a quarantine period is required. • Avoid car sharing with members outside your household / support bubble. However should car sharing be required: <ul style="list-style-type: none"> ○ Face masks / covering to be worn during travel. 	1	5	5



						<ul style="list-style-type: none"> ○ Sit in the vehicle as maximum distance away and avoid face to face contact. ○ Regular hand sanitation by passengers during travel. ○ Ensure surfaces and suitably cleaned prior to and following travel (e.g. door handles etc.) ○ Ensure windows are open during travel with passengers to promote good air ventilation / circulation in the vehicle. <ul style="list-style-type: none"> ● Avoid use public transport unless absolutely necessary/ ● Each individual shall come in playing kit to prevent use of changing rooms facilities. ● Each individual shall be equipped with all their own playing equipment, hydration and snacks. ● Each participating individual shall come with hand sanitiser. ● All participants to be issue Risk Assessment for review to understand the control measures being imposed by the club to promote adherence at all times. ● Anyone showing signs or symptoms or generally feeling unwell prior to or on route to the venue should not attend and follow government guidelines for testing / self isolating. 			
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2	COVID-19 At Venue Pre & Post Training / Game	Players, Coaches, Volunteers & Spectators	<ul style="list-style-type: none"> • Contraction of COVID-19 • Minor symptoms requiring self-isolation and home care • Major case requiring hospitalisation. 	4	5	20	<ul style="list-style-type: none"> • When arriving at the venue adopt government regulations regarding social distancing: <ul style="list-style-type: none"> ◦ Congregate in no more than groups of six ◦ Remain socially distant at 2m apart • Clean your hands during breaks / prior to commencing game and following game • All to follow facility / centre guidelines and regulations (follow signage, walking routes etc.) • Avoid congregating around the facilities following the completion of the game. • No physical gestures towards others (e.g. handshakes) • Any post game hospitality must be done so in line with government guidelines and centre's regulations • Ensure all personal playing kit is collated with your belongs and taken to car following game play. • Ensure all playing kit is suitably cleaned following game / not used for 72 hours. • Spectators to remain outside the pitch at all times and follow socially distancing guidelines (max groups of 6 at 2m apart). 	1	5	5
3	COVID-19 During Game Play	Players, Coaches, Volunteers & Spectators	<ul style="list-style-type: none"> • Contraction of COVID-19 • Minor symptoms requiring self-isolation and home care • Major case requiring hospitalisation. 	5	5	25	<ul style="list-style-type: none"> • Warm up & cool downs to be completed as socially distant as possible from others. • any previously shared protective equipment (e.g. face masks) shall be colour coded prior to playing and assigned to an individual. • In the rare event another individual is required to wear the equipment this shall be suitably cleaned with alcohol wipes (min 70% IPA) • No physical greeting to opponents or officials (handshakes etc.) • Ensure that congested game plays are completed as quickly as possible (free hit around D / penalty corners) 	1	5	5



							<ul style="list-style-type: none"> At all breaks in play all participants to remain socially distant as possible. Ensure no sharing of hydration / confectionary. Strictly no spitting Avoid shouting / conversing loudly when other local. Avoid face to face contact where possible When handling ball only do so with foot, stick or goalkeeping pads. Any used equipments to be cleaned or not used for 72 hours following game. (e.g. balls) Avoid physical contact with any piece of equipments or structure (e.g goals, barriers, fencing, gates etc.) Substitutes and coaches are permitted but must socially distance on the touchline or in the dugout. Any spectators at matches (including parents and carers) must be restricted to discrete six person gathering limits and spread out, in line with wider government guidance Ensure good hygiene throughout breaks in game (hand sanitiser etc.) 			
4	COVID-19 During Training	Players, Coaches, Volunteers & Spectators	<ul style="list-style-type: none"> Contraction of COVID-19 Minor symptoms requiring self-isolation and home care Major case requiring hospitalisation. 	4	5	20	<ul style="list-style-type: none"> No close social interaction between individuals and maintain social distancing guidelines when not training. A maximum of 30 people are allowed in one group but more than one group can use a pitch as long as social distancing can be maintained outside of training. Groups shall be requested to remain 2m apart whilst each session and exercise is being briefed / being set up. . Staggered breaks between groups and maintain social distancing during periods when not undertaking training exercises. Only designated coaches and volunteers to 	1	5	5

						20	<p>physically handle any balls or equipment preventing surface contamination / cross contamination.</p> <ul style="list-style-type: none"> • Following training session or game any used equipment will be stored for 72 hours prior to reuse to prevent risk on contaminated equipment. • Strictly no spitting • Any welfare facility to be capped to maximum occupancy to ensure social distancing can be maintained • No mass gatherings with participants prior to off following a session / game. • Health surveillance to be monitored pre session commencement (temperature checks) • Anyone showing symptoms during session shall immediately advise and coach and remove themselves from the pitch. Anyone in direct contact should be advised and follow the government latest guidelines regarding isolation. • Those not involved in the session shall remain outside the boundary of the pitch. • No drinks or confectionary to be shared between players outside the same household. • Do not share playing equipment e.g swapping sticks. • Avoid excessive shouting / conversing loudly to prevent airborne transmissions. • Follow any centre / facility specific guidelines / regulations (e.g. signage and walking routes etc.) 			5
5	COVID-19 First Aid	Players, Coaches, Volunteers & Spectators	<ul style="list-style-type: none"> • Contraction of COVID-19 • Minor symptoms requiring self-isolation and home care 	4	5	20	<ul style="list-style-type: none"> • Injuries during play should still be treated, participant health and safety is of utmost importance. The best form of protection is through rigorous cleaning, personal hygiene and regular hand hygiene. An increased frequency of cleaning and disinfection of all surfaces and equipment, using standard household cleaning and disinfection products. 	1	5	5



			<ul style="list-style-type: none"> Major case requiring hospitalisation. 			15	<ul style="list-style-type: none"> If a participant gets injured, a member of their household or bubble can assist if present and appropriate, but others (including match officials, team mates and coaches) will still need to socially distance unless a life or limb-threatening injury necessitates compromising guidelines to provide emergency care. If there is a team physio, first-aider or other medical personnel present, they should be equipped with the appropriate PPE (including face coverings) to protect themselves and others if they need to compromise social-distancing guidelines to provide medical assistance. After contact with an injured participant, the person who has administered first aid should clean their hands thoroughly with soap and water or alcohol hand sanitiser at the earliest opportunity. This is applicable to all situations, regardless of whether there was close contact, or the minimum 2 metre social distancing was maintained. The first aider should also avoid touching their mouth, eyes and nose. Physios or their equivalent, should keep a record of each participant they have come into contact with for track and trace purposes. 			
5	COVID-19 Information Collation, Reporting & Communication	Players, Coaches, Volunteers & Spectators	<ul style="list-style-type: none"> Contraction of COVID-19 Minor symptoms requiring self-isolation and home care Major case requiring hospitalisation. 	3	5	15	<ul style="list-style-type: none"> Appoint COVID officer for club and ensure England Hockey has current contact information for track and trace purposes. Following activity anyone showing symptoms of Covid-19 you should phone NHS Track and Trace and let your club Covid-19 Officer know. COVID officer to be clubs point of contact to allow suitable chain of communication to aid with track and trace programme. Briefing be completed on latest government guidelines surrounding social distancing and 	1	5	5



							<p>inclusive of ongoing amendments and this risk assessment.</p> <ul style="list-style-type: none">• Coaches shall remind participants and spectators of the requirements for controlling and mitigating the risk of contraction and transmission of the virus• Registers of attendees shall be taken and stored complete with contact details for 21 days to ensure contact tracing can be achieved.• Groups shall be maintained in the same bubble throughout all training sessions wherever possible and household kept together.• Attendees lists to be taken after every hockey session capturing all participants (name), location, date, match/ training session times. This needs to be emailed to track.trace@englandhockey.co.uk within 24 hours of the session.• COVID officer to follow guidance and communication chains and hierarchy laid out in the England Hockey return to hockey stage four guidelines, regarding any cases from within or outside the club.• Anyone deemed vulnerable or who has already been instructed to self-isolate by a health care practitioner or PHE should continue to follow this advice and may not participate.			
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Risk Assessment Score

Likelihood of harm (L)		Severity of Impact (S)	
1	Very low - Unlikely harm will occur	1	Insignificant
2	Low - Harm may seldom occur	2	Minor
3	Medium - Harm may occur frequently	3	Significant
4	High - Likely that harm will occur/near certainty	4	Severe
5	Very High - Very Likely harm will occur/certain	5	Very Severe

	5	10	15	20	25
5	5	10	15	20	25
4	4	8	12	16	20
3	3	6	9	12	15
2	2	4	6	8	10
1	1	2	3	4	5
	1	2	3	4	5

Severity (S)

Conclusions	
High (Red)	STOP! Hazard must be removed or all practicable steps are to be taken to reduce level of risk
Medium (Amber)	Risk to be controlled as far as is reasonable practicable
Low (Green)	Risk to be controlled as far as is reasonable practicable